



LOWER KUSKOKWIM SCHOOL DISTRICT

Breakfast

January

Menu Subject to Change

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Winter Break No School	Winter Break No School	Winter Break No School	Winter Break No School	Breakfast Cereal Bar w/Graham Cracker or Hot Oatmeal Bar Applesauce Choice of Milk
8	9	10	11	12
Pop Tart w/Graham Cracker or Blueberry Bagel (w/Cream Cheese or Peanut Butter) w/Graham Cracker Fresh Apple Choice of Milk	Cold Cereal w/Graham Cracker or Whole Grain Muffin w/Graham Cracker Orange Choice of Milk	Pancakes or Pop Tarts w/Graham Cracker Sausage Patty Fresh Fruit Choice of Milk	Breakfast Burrito or Cold Cereal w/Graham Cracker Mixed Fruit Choice of Milk	Breakfast Cereal Bar w/Graham Cracker or Hot Oatmeal Bar Applesauce Choice of Milk
15	16	17	18	19
Pop Tart w/Graham Cracker or Whole Grain Muffin w/Graham Cracker Fruit Cups Choice of Milk	Cold Cereal w/Graham Cracker or Blueberry Bagel (w/Cream Cheese or Peanut Butter) w/Graham Cracker Diced Pears Choice of Milk	Breakfast Pizza or Whole Grain Muffin w/Graham Cracker Fresh Fruit Choice of Milk	Sausage, Egg, & Cheese Muffin or Cold Cereal w/Graham Cracker Pears Choice of Milk	Breakfast Cereal Bar w/Graham Cracker or Hot Oatmeal Bar Applesauce Choice of Milk
22	23	24	25	26
Cold Cereal w/Graham Cracker or Breakfast Cereal Bar w/Graham Cracker Fruit Cup Choice of Milk	Blueberry Bagel w/Cream Cheese or Peanut Butter or Whole Grain Muffin w/Graham Cracker Orange Choice of Milk	Breakfast Tornado or Pop Tarts w/Graham Cracker Diced Peaches Choice of Milk	French Toast Sticks w/Syrup or Cold Cereal w/Graham Cracker Mixed Fruit Choice of Milk	Breakfast Cereal Bar w/Graham Cracker or Hot Oatmeal Bar Applesauce Choice of Milk
29	30	31		
Cold Cereal w/Graham Cracker or Whole Grain Muffin w/Graham Cracker Orange Choice of Milk	Pop Tart w/Graham Cracker or Blueberry Bagel (w/Cream Cheese or Peanut Butter) w/Graham Cracker Fresh Apple Choice of Milk	French Toast Sticks w/Syrup or Cold Cereal w/Graham Cracker Mixed Fruit Choice of Milk		



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Winter Break No School	Winter Break No School	Winter Break No School	Winter Break No School	Pizza Friday! Pepperoni, Cheese or Specialty Pizza Broccoli Pineapple Tidbits Choice of Milk
8	9	10	11	12
Popcorn Chicken Brown Rice Mixed Veggies Applesauce Choice of Milk	Beef or Chicken Nachos w/Sour Cream & Salsa Refried Beans Mixed Fruit Choice of Milk	Chicken Drumsticks Whole Grain Dinner Rolls Mashed Potatoes Mixed Fruit Choice of Milk	Pasta w/Meat Sauce & Shredded Cheese Carrots Diced Peaches Choice of Milk	Pizza Friday! Pepperoni, Cheese or Specialty Pizza Broccoli Pineapple Tidbits Choice of Milk
15	16	17	18	19
Hot Dog w/Cheese Chili Baked Beans Diced Peaches Choice of Milk	Meat Lasagna Whole Grain Dinner Roll Green Beans Diced Pears Choice of Milk	Orange Chicken Steamed Brown Rice Mixed Veggies Peaches Choice of Milk	Macaroni & Cheese w/Diced Ham Tater Tots Applesauce Choice of Milk	Pizza Friday! Pepperoni, Cheese or Specialty Pizza Broccoli Pineapple Tidbits Choice of Milk
22	23	24	25	26
Ham & Cheese Sandwich Tomato Soup Applesauce Choice of Milk	Soft Shell Taco Refried Beans Mixed Fruit Choice of Milk	Pasta w/Meat Sauce & Cheese Green Beans Diced Pears Choice of Milk	Crispy Chicken Sandwich Mashed Potatoes or Tater Tots Applesauce Choice of Milk	Pizza Friday! Pepperoni, Cheese or Specialty Pizza Broccoli Pineapple Tidbits Choice of Milk
29	30	31		
Sloppy Joes Tater Tots Corn Diced Peaches Choice of Milk	Chicken Nuggets Carrots Mixed Fruit Choice of Milk	Corn Dog Baked Beans Diced Pears Choice of Milk		